

2018 IMPORTANT FINANCIAL UPDATE

Making your way through the tightly regulated health system is difficult, especially in these dynamic times. Our belief is that a strong patient-provider relationship overcomes even the most challenging hurdles. To best serve your needs we appreciate your help with: 1) verifying your personal information; 2) knowing your insurance coverage benefits; and 3) ensuring that your payments are prompt.

Verify Your Personal Information

On your first visit in 2018, we will ask you to verify or provide: 1) your personal information; 2) complete and updated insurance information; and 3) updated photo identification. Please note it is critical to inform AMW about any insurance changes or changes to your personal information, as they may occur throughout the year.

Know Your Insurance Benefits

The rising cost of health care may cause employers to change your benefits packages. As a result, your insurance card may continue to look the same but the benefits may be very different. As a courtesy to you, AMW verifies your benefits and the extent of your coverage. Please note that we are a participating provider in Medicare and that for most other carriers, we accept your insurance as an out-of-network provider. This means that your insurance company will often send the payment for our services to you directly, instead of to us, along with a list of the services we rendered called an EOB (Explanation of Benefits).

Make Prompt Payments

When you receive a check for services rendered at AMW, please mail it or bring into our offices **promptly upon receipt** along with any documentation you receive. Your prompt payment helps us to continue providing services to you and helps you avoid additional charges. Often, AMW will not be your only provider - other providers may be listed on the EOB. Even if other providers or facilities are listed, AMW must obtain a copy of the entire EOB, including payments due to AMW. In such an instance, AMW offers four convenient payment options:

- 1. Endorse the insurance check sent to you and forward it to our office;
- 2. Write a personal check for the amount due AMW;
- 3. Pay with a credit card; or
- 4. Pay with cash.

Past Due Accounts; Returned Checks

In the event of any past due accounts, please be advised that AMW will avail itself of all remedies available at law and in equity, including, but not limited to dismissal from the practice and/or transferring unpaid balances to a collection agency for payment. In such an event, I agree to pay all attorney's fees, court costs, and all collections costs, up to 50% to the amount owed, which may be assessed by any collection agency retained to pursue the matter. In the event any check is returned to us as unpaid, we will charge a \$25.00 fee.

By signing this Important Financial Update, I acknowledge that I have read and understood the foregoing notice. In 2018, AMW hopes you will continue to achieve your optimal wellness. For further questions or assistance, please do not hesitate to contact our Accounts Management team at (732) 528-5533.

| Print Name: | Signature: |
|-------------|----------------|
| DOB: | Date: |



2018 DISCLOSURE REGARDING HEALTH CARE SERVICES

The medical doctors of Atlantic Medicine and Wellness, LLC, ("AMW") are dedicated to providing the highest quality medical services to our patients in a unique multidisciplinary office setting. Given this unique setting, AMW differs from the traditional primary care medical practice in the following ways:

- 1. The medical services provided by AMW are exclusively office based. What this means is that the medical doctors of AMW only provide medical services to patients at the office of AMW during scheduled hours. We do not provide services at a hospital nor do we provide emergency care.
- 2. As AMW does not provide emergency care, calls made to the medical doctors of AMW after office hours will be forwarded to a voice messaging system as opposed to a physician answering service. If you experience a medical emergency, please call 911 and/or seek immediate treatment at the hospital or urgent care center nearest to you.
- 3. The medical doctors of AMW are dedicated to working in collaboration with the other primary care and specialist physicians involved in your care. As such, the medical doctors of AMW strongly recommend that you maintain a doctor-patient relationship with one or more physicians appropriate to your condition and/or situation even while seeking care at AMW.
- 4. Based on your condition, the medical doctors of AMW may refer you to one or more of the closely allied licensed health care professionals employed or engaged by AMW. These professionals include chiropractic physicians, physical therapists, nutritionist, acupuncturist, mental health counselor, massage therapist, etc.
- 5. Based on your medical condition, the doctors of AMW may order or perform certain diagnostic tests or studies. In order to maximize the effectiveness of your care, it is imperative that you schedule and honor a necessary follow up appointment with the medical doctor who ordered or performed the diagnostic test or study to both go over the results of the test and to adjust your plan of care accordingly.

By signing this Disclosure Regarding Medical Services, I acknowledge that I have read and understood the foregoing notice.

| Print Name: | Signature: |
|-------------|------------|
| | |
| DOB: | Date: |



2018 CONSENT FOR TREATMENT AND DISCLOSURE OF PATIENT INFORMATION

I hereby authorize ATLANTIC MEDICINE & WELLNESS, LLC ("AMW") to perform the treatments and/or procedures advised by my provider. I acknowledge that no guarantees, either implied or expressed, have been made to me regarding the outcome of such treatments and/or procedures, as I fully understand it is impossible to make guarantees regarding such outcomes.

I hereby further acknowledge and understand that the providers and medical staff of AMW shall explain to me the potential risks, benefits and alternatives of these treatments and/or procedures and shall outline and discuss the goals of my treatment plan and review the treatment options with me.

I hereby further acknowledge and understand that from time to time AMW may inform me of new treatments or other services that may be appropriate for my condition and/or from time to time may inform me of new services that may be appropriate for a person in my situation (age, sex, etc.) I consent to the use of my identifiable patient information to notify me of such new treatments, or other services that may be necessary for the continuity of my care or which may be of benefit in maintaining or improving my health, with the understanding that AMW will not provide such information to others for marketing, fund-raising, or similar purposes without my specific consent.

The Privacy Rule that is contained in the *Health Insurance Portability and Accountability Act Of 1996* ("HIPAA") establishes a federal requirement that health care providers must obtain a patient's written consent before using or disclosing the patient's personal health information to carry out any treatment, payment, or health care. This consent must be obtained before information may be used or disclosed, except in emergency situations.

| representative. I acknowledge and understand that I, or my r | representative, promptly upon request, may inspect, request correction |
|--|--|
| | records. I further acknowledge and understand that I may revoke thit tent that the provider has already acted in reliance on this consent. |
| · | age of eighteen (18), I certify that I, the undersigned guardian, hereby |
| By signing this Consent for Treatment and Disc understood the foregoing notice. | closure of Patient Information, I acknowledge that I have read and |
| Print Name: | DOB: |
| Cianatura. | Data |



2018 ASSIGNMENT OF BENEFIT FORM

Name (Last, First): ______

| Policy#: | DOB: |
|---|--|
| to Atlantic Medicine & Wellness, LLC, 2 | my insurance carrier to issue and mail payment check(s) 399 Route 34, Suite A-5, Wall Township, NJ 08736. In the rect payment to Atlantic Medicine & Wellness, LLC, |
| hereby understand and acknowledge | that I am responsible to make payment(s) directly to r any and all professional or medical expense benefits |
| allowable and otherwise payable to m the total charges for the professional s RIGHTS AND BENEFITS UNDER THIS PO for assigning all my rights and bene | ne under my current insurance policy as payment toward services rendered. THIS IS A DIRECT ASSIGNMENT OF MY DLICY. This assignment serves as my written authorization efits payable under my insurance coverage to Atlantic nderstand and acknowledge that I am responsible for any |
| amount not covered by insurance f therapy, mental health counseling, m Atlantic Medicine &Wellness, LLC ir otherwise payable to me. This paymen | for medical (including nutrition), chiropractic, physica assage and/or acupuncture services rendered to me by connection with any insurance policy and/or claim t will not exceed my indebtedness to Atlantic Medicine 8, in a current manner, any balance of professional services. |
| such revocation in writing to Atlantic N | event I would like to revoke this assignment, I will request dedicine & Wellness, LLC. In the event I should not receive Medicine & Wellness, LLC within ten (10) days of my quest has been authorized. |
| A photocopy of this Assignment shall be | e considered as effective and valid as the original. |
| adjuster, or attorney involved in this o | ermation pertinent to my case to any insurance company, case. I authorize the doctor to initiate a complaint to my e Commissioner or any other government agency for any |
| By signing this Assignment of Benefits F foregoing notice. | Form, I acknowledge that I have read and understood the |
| Signature of Policyholder | Date |